



# Horse Harmony 1

Duration: 5 days

Age group: 18+

Connect deeply with HORSES

**Communication is the foundation of every great partnership.**

Learn to 'speak' HORSE – a simple, but new way of communicating to many of us. Be prepared for life-changing and soul-searching experiences!

The therapeutic effects of horses will help guide you along your very own personal growth journey.

**Max Group size of 4 adults allows us to tailor each person's unique experience.**

Whether you desire a closer bonded relationship and better understanding of your own horses or you are looking to gain insights about animals (and yourself!) with the help of our amazing teaching herd

*This is the Course for you!*

Get the foundation you need so you can profoundly change your very own relationships.

Groups and individuals, all levels of experience welcome.

# Humans Horses Harmony

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# 'Hands On' Learning

Acquire comprehensive background knowledge in our fun equine behaviour theory & roleplay sessions.

By actively participating in groundwork sessions with our helpful teaching horses you will be able to put your newfound knowledge straight into practise.

The horses will help guide you along your journey to deep-rooted connections.

This is where the learning really happens!



Our end goal is to impart YOU with the skills to connect with horses on their level and therefore build a strong foundation for you to achieve your dreams and ambitions.

Horses care about being heard, seen and understood – just like we do! This is why us learning to 'speak' HORSE is so very important – a knowledge Gap people are seldom aware of and often only recognise the vast advantages once starting on this journey.

Horses love to live in harmony and want nothing more than building amazing relationships with people. Get this right and you will have their undying devotion to work with you to your own ends, whatever those may be.



## This Course is For You If:

- You feel your horse is trying to communicate, but you're not sure how to listen.
- You want a deeper, more trusting relationship.
- You're ready to lead with kindness, confidence and clarity.
- You know there's a better way — one that leaves behind frustration and brings connection.
- And you are ready to embrace it by starting to learn how to speak HORSE.

## This Course is NOT For You If:

- You don't believe your horse's feelings count.
- You are looking to control horses' behaviour through obedience & tools.
- You don't see anything wrong with your current way of handling horses.
- You believe horses can't be trusted with choices and need to be told what's good for them.

**We offer a highly personalized 1:1 service or a very small group environment for up to 4 people for maximum learning opportunity.**



## HARMONY 1: Learn to ‘Speak Horse’

**This is not a method – it’s a turning point.**

You don’t build connection with a formula, and you don’t gain trust through control. In *HARMONY 1*, you’ll begin a powerful journey of mutual understanding between you and your horse.

This course teaches you to:

- Truly **listen** to what your horse is communicating – beyond behaviour.
- Respond with **clarity, empathy, and authenticity**.
- Create a space where your horse **feels safe, seen and supported**.

We don’t correct behaviour through pressure or dominance. Instead, you’ll learn to:

- Understand the meaning behind anxiety, resistance or unwanted behaviours.
- Build **emotional safety** and trust that encourages calm and willing engagement.
- Communicate in a way your horse understands and can **willingly respond to**.

Horses naturally seek harmony — they just need to be heard.

## What You’ll Experience

Many participants arrive believing they already have a good connection with their horse. What they discover is a deeper bond than they imagined was possible.

As you become more mindful, focused and emotionally attuned, your horse will begin to respond — not out of habit or fear, but **by choice**. You’ll feel what it means to be truly in sync. You’ll stop guessing and start *knowing* what your horse is feeling, moment to moment.

You’ll notice:

- Increased calm and connection.
- Clearer, more confident leadership.
- A shift in both you and your horse — from confusion to conversation.

This is where real partnership begins.

We provide the environment and the experiences for you to see how effective 2-way communication is in building strong bonds and therefore trust. A great relationship with your horse is the foundation for success – let us teach you how to achieve it!







# Course Schedule – Harmony 1

## **Day 1:**

- 9.00am - 12.30pm Registration/Welcome/Housekeeping/Health/Start of Training
  - 13.00pm Lunch – light lunch provided
  - 14.00pm – 17.00pm Training

## **Day 2:**

- 9.00am – 12.30pm Training
- 13.00pm Lunch – light lunch provided
- 14.00pm – 17.00pm Training

## **Day 3:**

- 9.00am – 12.30pm Training
- Free afternoon (Your choice of what to do. Suggested options: visit to Lake Vyrnwy or book our Sheep Love Experience – please note: not incl. in price and weather dependent)

## **Day 4:**

- 9.00am – 12.30pm Training
- 13.00pm Lunch – light lunch provided
- 14.00pm – 17.00pm Training

## **Day 5:**

- 9.00am – 12.30pm Training
- 12.30pm – 13.30pm Sharing and refreshments, talking about growth and personal experiences/highlights during the course, what came up for you and how to integrate what you have learnt into your daily life with your own horse or otherwise.
  - 13:30 - Departure



# After this course

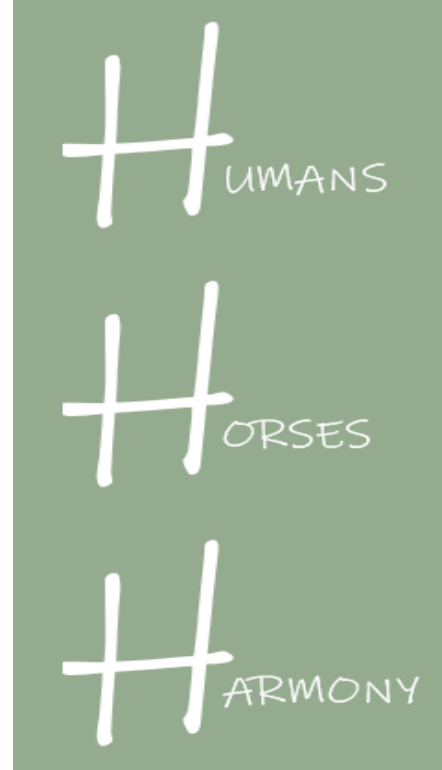
If you have a horse to practise on at home – do!

This will re-enforce what you have learnt and will take you to a point in time where you are confident enough to enrol in Harmony 2. And yes, you will come up against problems with your own horse you have not encountered via our accommodating equine school masters. They are called avoidance patterns, and we will learn a lot more about them during H2.

You will be please to know that you can enrol in H1 as often as you like. Learning the intricacies of horse behaviour and communication is an in-depth study with many layers.

If you already have a lot of horse savvy and experience you may find one HARMONY 1 Course will be enough to proceed with HARMONY 2 where you can bring your own horse along – the horses will be the judge of that!

We would be honoured if you would share part of your life's journey here with us. Let us walk our journey's together during your time with us here at HUMANS HORSES HARMONY.



## Tuition fees Harmony 1

**£1250** – VIP individual tuition at mutually agreeable dates

**£1080** – Parent & Child (ask for more details – not incl. in adult course)

**£815** – Per person joining us on pre-set course dates

Please check our website or our FB page for dates and availability

**£750** – Per person if booking for 2 or more people at time of booking when you join us on pre-set course dates

## Introductory session to Harmony 1 course

**£45** – Per person approx. 2.5 hours including refreshment (min of 2 people)

**For more info, please ring Iris today on 01938 820407 or e-mail [LVAC.wales@gmail.com](mailto:LVAC.wales@gmail.com)**

\*Please note - all of our courses require you to sign a disclaimer\*







## Horse Harmony 2

Duration: 3-5 days

Age group: 18+

(please contact us for teens)

H2 is taught on a 1:1 basis. It is our advanced course and you will have to be confident in your own abilities practised during H1 to join.

I will work with you and your horse to enhance your overall communication and understanding of each other, building on the knowledge gained during H1.

Horses inherently already know the things we will ask of them during our sessions. However, they may never have had a chance to practise them, due to our often-conventional ways of raising and keeping horses isolated from each other.

Equines in a natural setting learn from parents and peers as they spend time in a 24/7 herd environment.

Horses raised under different circumstances have a tendency to create avoidance patterns to cope with human interaction they are confused or unhappy about.

We will have to communicate to the horse during H2 that some of these patterns no longer serve them.

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## Course Content – Harmony 2

- Reinforce and refine skills learnt during Harmony 1 with regards to your own horse
- The importance of movement and handling of your horse's feet
- Learn which techniques particularly help you deal with your own horse's character
- Work on developing a new level playing field between you and your horse
- Create awareness around your own horse's sensitivities and energetics to help deepen your bond and ease of communication
- Practise how to have a silent conversation with your horse every time you meet – remember horses rarely use vocal cues
- And much more information, specifically important for you and your horse's own relationship journey





# Pricing

## Tuition fees Horse Harmony 2

Course Fee **£405 for 3 days - all additional days £135 each.**

3 hours of coaching every day, 2 sessions of approx. 1.5 hours each (am & pm)

If you live locally, we can arrange sessions at mutually agreeable times. Sessions are charged at **£45/hour.**

Grass turn out / stabling is available on a DIY basis at extra cost.

If you would like to stay with us for longer, we offer rooms for rent in our farmhouse, please ask for details and availability.

**For more info, please ring Iris today on 01938 820407 or e-mail  
LVAC.wales@gmail.com**

Please note – all of our courses require you to sign a disclaimer

