



# Horse Harmony 1

Duration: 5 days

Age group: 18+

Connect deeply with HORSES

**Communication is the foundation of every great partnership.**

Learn to 'speak' HORSE – a simple, but new way of communicating to many of us. Be prepared for life-changing and soul-searching experiences!

The therapeutic effects of horses will help guide you along your very own personal growth journey.

**Max Group size of 4 adults allows us to tailor each person's unique experience.**

Whether you desire a closer bonded relationship and better understanding of your own horses or you are looking to gain insights about yourself with the help of our amazing teaching herd

*This is the Course for you!*

Get the foundation you need so you can profoundly change your very own relationships.

Groups and individuals, all levels of experience welcome.

# Humans Horses Harmony

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WIRELESS-FREE FARM  
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# 'Hands On' Learning

Acquire comprehensive background knowledge in our fun equine behaviour theory & roleplay sessions.

By actively participating in groundwork sessions with our helpful teaching horses you will be able to put your newfound knowledge straight into practise.

The horses will help guide you along your journey to deep-rooted connections.

This is where the learning really happens!



Our end goal is to impart YOU with the skills to connect with horses on their level and therefore build a strong foundation for you to achieve your dreams and ambitions.

Horses care about being heard, seen and understood – just like we do! This is why us learning to 'speak' HORSE is so very important – a knowledge Gap people are seldom aware of and often only recognise the vast advantages once starting on this journey.

Horses love to live in harmony and want nothing more than building amazing relationships with people. Get this right and you will have their undying devotion to work with you to your own ends, whatever those may be.



## What you will take away from this course

This course will leave you with an empathic and constructive approach towards horses. It empowers you with the knowledge horses require YOU to know to set aside confusion on both sides.

You will be equipped to create harmonious, deep reaching partnerships. A solid foundation to take your equestrian dreams and aspirations to the next level.

If you are here for your personal journey the horses will help you discover your authentic self and reveal much insight to your inner workings. It will reveal aspects of yourself you may or may not have been aware of. You will leave us having experienced transformational and at times even life changing experiences with many unforgettable moments.

## Who is this course for?

**Horse Lovers and owners looking to deepen connections with horses and themselves, prepared to go on a transformational and enriching journey to get there.**

From happy hackers to competition minded individuals as well as professional people working in the horse industry, and people newly starting out with horses!

We even offer a special HARMONY 1 Parent & Child Course package. Please e-mail us for details.

Not to forget people which have always fostered a love for horses and would like to learn more about them as well as themselves, accelerating their own Personal Growth journey through Equine Facilitated Learning.

People's love for being one with a horse and understanding each other's needs dates back centuries. It is part of our soul experience and inner yearning.

The co-operation between humans and horses is based on a mutual understanding in the form of communication. Everyone can learn to 'speak' HORSE given the right knowledge and practise. Let us help you along this magical journey!

We offer a highly personalized 1:1 service or a very small group environment for up to 4 people for maximum learning opportunity.





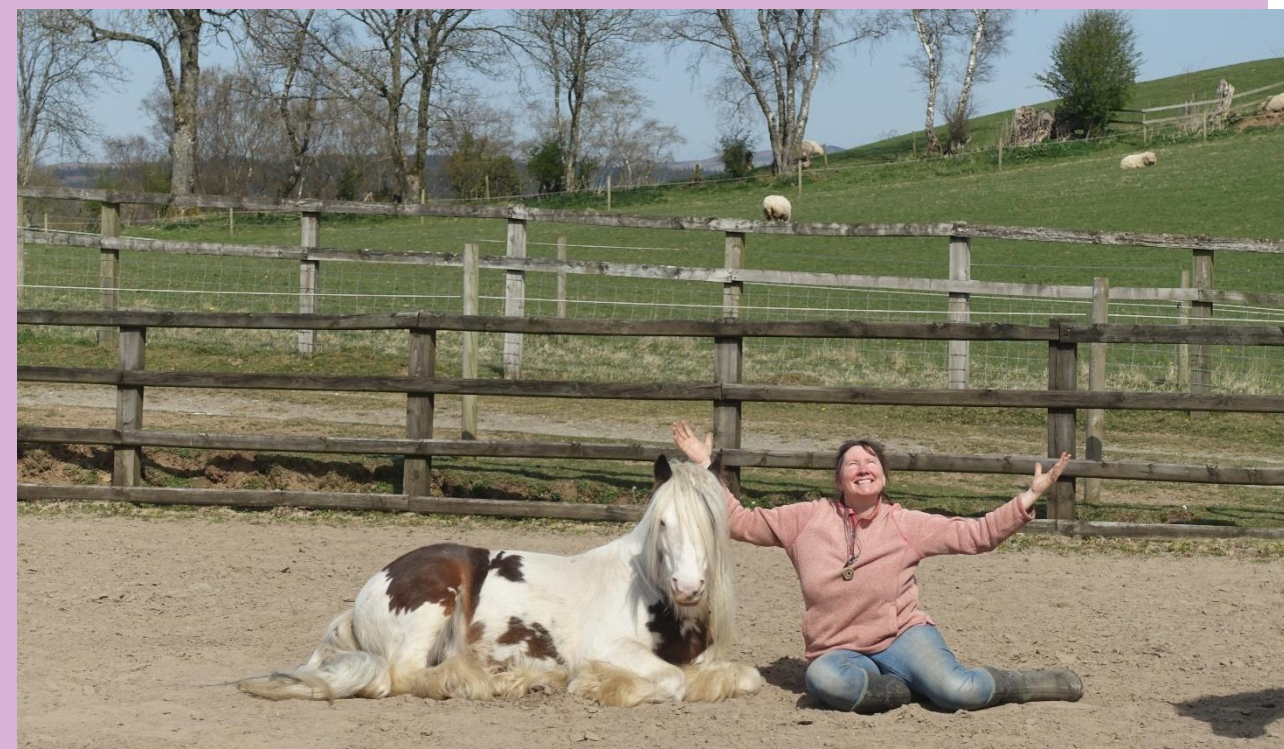
# Summary Content

## Harmony 1

- Increase your confidence in relationship building
- Hone your self-awareness and direct your energy to put your point across
  - Develop your 'feel' to finetune communication
- Understand the impact you have on your surroundings and as a result make choices that serve you
- Feel the bonds with horses deepen and your partnership flourish
- Mastering the intricacies of innate horse behaviour is a gamechanger
- How to work on emotional fitness so your horse wants to be with you
- Sharpened focus and raised confidence levels help you achieve your aims
- Learning to assert yourself and protecting your personal space will keep you safe
- How to ask questions and receive answers using simple and effective tools
- Know the difference between partnership and leadership and when to choose one over the other



Humans  
Horses  
Harmony







# Course Schedule – Harmony 1

## **Day 1:**

- 9.00am - 12.30pm Registration/Welcome/Housekeeping/Health/Start of Training
  - 13.00pm Lunch – light lunch provided
  - 14.00pm – 17.00pm Training

## **Day 2:**

- 9.00am – 12.30pm Training
- 13.00pm Lunch – light lunch provided
- 14.00pm – 17.00pm Training

## **Day 3:**

- 9.00am – 12.30pm Training
- Free afternoon (Your choice of what to do. Suggested options: visit to Lake Vyrnwy or book our Sheep Love Experience – please note: not incl. in price and weather dependent)

## **Day 4:**

- 9.00am – 12.30pm Training
- 13.00pm Lunch – light lunch provided
- 14.00pm – 17.00pm Training

## **Day 5:**

- 9.00am – 12.30pm Training
- 12.30pm – 13.30pm Sharing and refreshments, talking about growth and personal experiences/highlights during the course, what came up for you and how to integrate what you have learnt into your daily life with your own horse or otherwise.
  - 13:30 - Departure



# After this course

If you have a horse to practise on at home – do!

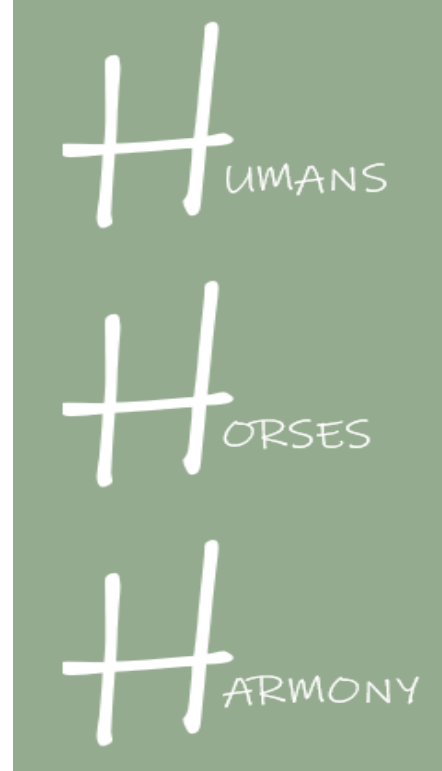
This will re-enforce what you have learnt and will take you to a point in time where you are confident enough to enrol in Harmony 2. And yes, you will come up against problems with your own horse you have not encountered via our accommodating equine school masters. They are called avoidance patterns, and we will learn a lot more about them during H2.

You will be please to know that you can enrol in H1 as often as you like. Learning the intricacies of horse behaviour and communication is an in-depth study with many layers.

If you already have a lot of horse savvy and experience you may find one HARMONY 1 Course will be enough to proceed with HARMONY 2 where you can bring your own horse along – the horses will be the judge of that!



We would be honoured if you would share part of your life's journey here with us. Let us walk our journey's together during your time with us here at HUMANS HORSES HARMONY.



## Tuition fees Harmony 1

**£1250** – VIP individual tuition at mutually agreeable dates

**£1080** – Parent & Child (ask for more details – not incl. in adult course)

**£815** – Per person joining us on pre-set course dates

Please check our website or our FB page for dates and availability

**£750** – Per person if booking for 2 or more people at time of booking when you join us on pre-set course dates

## Introductory session to Harmony 1 course

**£45** – Per person approx. 2.5 hours including refreshment (min of 2 people)

**For more info, please ring Iris today on 01938 820407 or e-mail [LVAC.wales@gmail.com](mailto:LVAC.wales@gmail.com)**

\*Please note - all of our courses require you to sign a disclaimer\*







## Horse Harmony 2

Duration: 3-5 days

Age group: 18+

(please contact us for teens)

H2 is taught on a 1:1 basis. It is our advanced course and you will have to be confident in your own abilities practised during H1 to join.

I will work with you and your horse to enhance your overall communication and understanding of each other, building on the knowledge gained during H1.

Horses inherently already know the things we will ask of them during our sessions. However, they may never have had a chance to practise them, due to our often-conventional ways of raising and keeping horses isolated from each other.

Equines in a natural setting learn from parents and peers as they spend time in a 24/7 herd environment.

Horses raised under different circumstances have a tendency to create avoidance patterns to cope with human interaction they are confused or unhappy about.

We will have to communicate to the horse during H2 that some of these patterns no longer serve them.

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## Course Content – Harmony 2

- Reinforce and refine skills learnt during Harmony 1 with regards to your own horse
- The importance of movement and handling of your horse's feet
- Learn which techniques particularly help you deal with your own horse's character
- Work on developing a new level playing field between you and your horse
- Create awareness around your own horse's sensitivities and energetics to help deepen your bond and ease of communication
- Practise how to have a silent conversation with your horse every time you meet – remember horses rarely use vocal cues
- And much more information, specifically important for you and your horse's own relationship journey





# Pricing

## Tuition fees Horse Harmony 2

Course Fee **£405 for 3 days - all additional days £135 each.**

3 hours of coaching every day, 2 sessions of approx. 1.5 hours each (am & pm)

If you live locally we can arrange sessions at mutually agreeable times. Sessions are charged at **£45/hour.**

Grass turn out / stabling is available on a DIY basis at extra cost.

If you would like to stay with us for longer, we offer rooms for rent in our farmhouse, please ask for details and availability.

**For more info, please ring Iris today on 01938 820407 or e-mail  
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Please note – all of our courses require you to sign a disclaimer

